



January is Radon Action Month: Why Mitigating Your Home is Crucial

Each year, January is designated as **Radon Action Month**, a time to raise awareness about radon, a colorless, odorless, and tasteless radioactive gas that can pose serious health risks. While radon exposure is the leading cause of lung cancer among non-smokers in the United States, many homeowners are unaware that their homes could have elevated levels of this dangerous gas. Radon Action Month serves as a reminder to test your home for radon and take necessary steps to reduce exposure.

What is Radon?

Radon is a naturally occurring radioactive gas that forms from the breakdown of uranium, thorium, and radium in soil, rock, and water. It can enter homes through cracks in floors, walls, and foundations, or even through gaps around pipes and cables. While radon itself is invisible and odorless, prolonged exposure to high levels of radon can damage lung tissue and increase the risk of lung cancer.

Why January?

Radon is present year-round, but January is a strategic time to address this issue for a couple of reasons. Cold weather often means homes are sealed tighter for warmth, which can trap radon inside. Additionally, many people have already returned to their routines after the holidays, making it an ideal time to remind homeowners about the importance of testing and mitigation.

Health Risks of Radon Exposure

Radon is the **second leading cause of lung cancer** in the U.S. after smoking, and the **leading cause of lung cancer among non-smokers**. According to the U.S. Environmental Protection Agency (EPA), radon exposure causes approximately **21,000 lung cancer deaths** annually in the U.S. Despite this, many people are unaware of the risks and fail to test their homes for radon.

When inhaled, radon decays into radioactive particles that can damage lung cells and lead to cancer over time. The longer you are exposed to high radon levels, the greater your risk, though even short-term exposure can be dangerous, especially for children and individuals with pre-existing lung conditions.

Radon is a silent, invisible threat that can have deadly consequences if left unchecked. January, as Radon Action Month, is the perfect time to prioritize testing and mitigation in your home. Protecting your family from radon exposure is simple, and it begins with taking action now. Don't wait—give Radon Xpress a call to help with your Radon Mitigation needs!



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